# **Essential Functions for Medical Laboratory Technicians**

The MLT student must be able to:

## • Physical Ability:

- Move freely and safely about a laboratory.
- Reach laboratory bench tops and shelves, patients lying in hospital beds or patients seated in specimen collection furniture.
- Perform moderately taxing continuous physical work, often requiring prolonged sitting, over several hours
- Maneuver phlebotomy and culture acquisition equipment to safely collect valid laboratory specimens from patients
- o Be able to lift and move reagents and boxes >50 lbs.
- o Control laboratory equipment (i.e. pipettes, inoculating loops, test tubes) and adjust instruments to perform laboratory procedures.
- Use an electronic keyboard (i.e. 101-key IBM computer keyboard) to operate laboratory instruments and to calculate, record, evaluate, and transmit laboratory information.
- o Perform all tasks independently

# • Visual & Hearing Ability

- Observe laboratory demonstrations in which biologicals (i.e., body fluids, culture materials, tissue sections, and cellular specimens) are tested for their biochemical, hematological, immunological, microbiological, and histochemical components.
- Characterize the color, odor, clarity, and viscosity of biologicals, reagents, or chemical reaction products.
- o Employ a clinical grade binocular microscope to discriminate among fine structural and color (hue, shading, and intensity) differences of microscopic specimens.
- Read and comprehend text, numbers, and graphs displayed in print and on video monitor.
- o Listen and appropriately respond to verbal directions.
- Able to hear and respond appropriately to spoken English both directly and by telephone.

#### • Speech/Communication

- Read and comprehend technical and professional materials (i.e. textbooks, magazines, and journal articles, handbooks, and instruction manuals).
- o Follow verbal and written instructions in order to correctly and independently perform laboratory test procedures.
- Clearly instruct patients prior to specimen collection
- Effectively, confidentially, and sensitively conserve with patients regarding laboratory tests.

- Communicate with faculty members, fellow students, staff, and other health care professionals verbally and in a recorded format (writing, typing, graphics, or telecommunication).
- o Independently prepare papers, prepare laboratory reports, and take paper, computer, and laboratory practical examinations

# • Critical Thinking:

- o Identify cause-effect relationships in laboratory situations
- o Solve problems
- Consider consequences of solutions
- Make and defend sound judgments
- Establish priorities
- o Distinguish significant from insignificant
- Note relationships and patterns
- o Evaluate outcomes
- Organize workload and manage time in order to complete technical tasks within realistic time limits

## • Emotional Stability

- Support peers and health care professionals in order to promote a team approach to learning, task completion, problem solving and patient care
- Be honest and forthright about errors
- Critically evaluate performance, accept constructive criticism, and be responsible for improving performance
- o Be compassionate and ethical
- Ability to work in a high-stress environment: respond to emergencies and maintain emotional control
- o Calmly react to urgent situations
- o Recognize own stress level and communicate need for assistance appropriately
- Set realistic expectations to meet requirements
- o Perform multiple tasks and establish priorities

## Ability to Travel

o Able to commute to numerous clinical laboratory sites for clinical training