

**Articulation Agreement**  
**between**  
**Sandhills Community College**  
**and**  
**University of North Carolina at Charlotte**  
**leading to a**  
**Bachelor of Science in Exercise Science**

Effective as of the May 1 2025 ("Effective Date"), Sandhills Community College ("Sandhills Community College") and the University of North Carolina at Charlotte, ("UNC Charlotte") (collectively the "Parties") agree to the following terms and conditions governing an academic program conducted by and between the Parties.

1. **PURPOSE:** The purpose of this Articulation Agreement is to assist Associate of Applied Science in Health and Fitness Science graduates from Sandhills Community College in obtaining a Bachelor of Science in Exercise Science at the University of North Carolina Charlotte.
2. **TERM:** The term of this Agreement shall commence on the Effective Date and will continue for three academic years from fall semester 2025 through spring semester 2028 (3 academic years). This Agreement will automatically renew every three academic years or earlier as agreed upon in writing by the Parties.
3. **ANNUAL REVIEW:** Both Parties will abide by the terms of this Agreement and review them annually. The annual review is intended to ensure the integrity of the Agreement, determine any areas for improvement moving forward, and to ensure that the academic content and quality of all courses offered by Sandhills Community College are comparable to the corresponding courses regularly offered by UNC Charlotte. The purpose of the annual review shall be to:
  - a. Ensure that the academic content and quality of all courses offered by Sandhills Community College are comparable to the corresponding courses regularly offered by UNC Charlotte. These include not only those specifically taught by the Department of Applied Physiology, Health, and Clinical Science but also those taught by supporting colleges/schools of UNC Charlotte.
  - b. Maintain the accuracy of the affiliated transfer of credit matrices.
  - c. Collect, share, and analyze data on student intent, enrollment, and transfer students' persistence and success.
  - d. Provide a collaborative opportunity for the faculty and academic leadership teams of both institutions' Programs to discuss opportunities for ongoing improvement, course alignment, student development and Program growth.

It is understood by both Parties that this Agreement is also subject to review and revision as deemed necessary by both Parties to ensure compliance with all local, state, and national

accrediting bodies' policies and expectations. Any additions or amendments to this Agreement shall be in writing and agreed to by both Parties.

4. **ADMISSIONS:** Students must meet all the admissions requirements of UNC Charlotte, including completion of the application, submission of official transcripts from all institutions attended, a written personal statement, and payment of the application fee.
5. **RESIDENCY/GRADUATION:** Students must meet the residency and graduation requirements of UNC Charlotte according to their catalog of entry. In order to graduate with a degree from UNC Charlotte, students must successfully complete the program of study identified in Appendix B, Program of Study Outline.
6. **CREDIT TRANSFER:** Students may transfer a maximum of 64 credit hours from Sandhills Community College. The remaining credit hours for the degree must be completed at UNC Charlotte. Students will receive transfer credit for courses taken at Sandhills Community College pursuant to Appendix A, Curriculum Equivalents. Other courses taken at Sandhills Community College will be evaluated for transfer on a course-by-course basis by the UNC Charlotte Registrar's Office. To receive credit for a course, a student must have earned a "C" or better. A status of incomplete ("I") will not be considered for transfer.
7. **DATA EXCHANGE:** By entering into this Agreement, UNC Charlotte agrees to provide Sandhills Community College comprehensive historical enrollment and graduation data for all former Sandhills Community College Associate in Applied Science in Health and Fitness Science graduates attending the Bachelor of Science in Exercise Science at UNC Charlotte once each year, no later than July 1 of each year.
8. **ACCREDITATION:** Both Parties will ensure that they maintain accreditation with the appropriate regional accrediting agency and ensure that all operations will be in keeping with accreditation requirements of the two institutions.
9. **FERPA:** To the extent that both Parties are considered a school official with a legitimate educational interest in the education records under the [Family Educational Rights and Privacy Act](#) (20 U.S.C. § 1232g), ("FERPA"), both will ensure that their use of education records or information from education records (as defined by FERPA) complies with FERPA and any implementing regulations or subsequent amendments thereto. In addition, the Parties agree only to utilize or disclose information from students' education records for the purposes of performing their duties pursuant to this Agreement.
10. **INDEMNIFICATION:** Only in the manner and to the extent permitted under North Carolina law, including but not limited to the NC Tort Claims Act, GS 143-291, et seq., and without waiver of their sovereign immunity, each Party shall indemnify and hold harmless the other Party and all of its officers, employees, and agents, from any and all claims, demands, suits, causes of action, or judgments any person had, now has, or may have in the future against those entities or individuals arising out of the negligence or willful misconduct of the Party, its agents, employees or contractors under this Agreement. The Parties recognize that they are both subject to the North Carolina Tort Claims Act (N.C.G.S. §143-291, et seq.) with regard to bodily injury and property damage liability and is self-insured with regard to worker's compensation. This is recognized and accepted by each Party in place of any requirements for commercial insurance. This Section shall survive termination, expiration or cancellation of this Agreement
11. **FORCE MAJEURE:** Notwithstanding any other term of this Agreement, if either party's performance of obligations under this Agreement is materially hampered, interrupted, or

interfered with, or illegal, impossible, or so difficult or expensive as to be commercially impracticable by reason of any fire, casualty, lockout, strike, labor conditions, unavoidable accident, riot, war, act of terrorism, epidemic, pandemic, public health emergency, or act of God, including inclement weather; or by any other unforeseeable event beyond the affected party's control; or by the enactment, issuance, or operation of any municipal, county, State, or federal law, ordinance or executive, administrative, governmental, or judicial regulation, order, or decree; or by any local or national emergency, then the affected party shall be excused from performance or underperformance of this Agreement.

12. **ASSIGNMENT:** Neither Party shall be permitted to assign any of its rights, privileges, or obligations under this Agreement without the prior written consent of the other Party. This Agreement shall be binding upon and inure to the benefit of the Parties hereto and to their respective heirs, personal representatives, successors and permitted assigns.
13. **ENTIRE AGREEMENT:** This Agreement (including any documents mutually incorporated specifically herein) represents the entire Agreement between the Parties and supersedes all prior oral or written statements or agreements. All promises, requirements, terms, conditions, provisions, representations, guarantees, and warranties contained herein shall survive the Agreement expiration or termination date unless specifically provided otherwise herein, or unless superseded by applicable Federal or State statutes of limitation. The voiding or waiver of any portion of this Agreement does not void the entire Agreement.
14. **AMENDMENTS:** This Agreement may only be amended in writing signed by authorized representatives of both UNC Charlotte and Sandhills Community College.
15. **TERMINATION:** Either Party may terminate this Agreement by submitting a written notice of intent at least 90 days in advance prior to termination, but subject to the provision that such termination shall not become effective until the end of the then current academic semester at the terminating Party's institution. Students currently enrolled will be given up to two academic years to complete the Program.
16. **COUNTERPARTS; SIGNATURES:** This Agreement may be executed in counterpart signatures, each of which shall be deemed an original and together shall constitute one instrument. Facsimile and electronic signatures of this Agreement shall be treated as original signatures and given full force and effect.
17. **GOVERNING LAW:** The laws of the State of North Carolina govern the validity, performance, and enforcement of this Agreement without reference to the rules of the conflicts of laws or any choice of law principle that would dictate the application of the law of another jurisdiction. All disputes regarding this Agreement will be resolved by a court of competent jurisdiction in the County of Mecklenburg in the State of North Carolina. Each party consents to the exclusive jurisdiction of the state and federal courts located in Charlotte, Mecklenburg County, North Carolina in any proceeding arising out of or relating to this Agreement, and waives any defense related to venue or inconvenient forum.
18. **SEVERABILITY:** If any provision of this Agreement is determined to be invalid or unenforceable, the provision shall be deemed to be severable from the remainder of this Agreement and shall not cause the invalidity or unenforceability of the remainder of this Agreement.

## APPROVAL

IN WITNESS WHEREOF, Sandhills Community College and the University of North Carolina at Charlotte have caused this Agreement to be executed by their duly authorized officers or agents, effective as of the date first written above.

### UNC Charlotte

Signed by:

*Sharon Gaber*

Dr. Sharon Gaber, Chancellor  
University of North Carolina at Charlotte

Signed by:

*Jennifer Troyer*

Dr. Jennifer Troyer, Provost and Vice Chancellor  
of Academic Affairs  
University of North Carolina at Charlotte

Signed by:

*Sarah Humphries*

Ms. Sarah Humphries  
Director of Admissions  
University of North Carolina at Charlotte

Signed by:

*Jonathan T. Reece*

Dr. Jonathan Reece, University Registrar  
University of North Carolina at Charlotte

Signed by:

*Catrine Tudor-Locke*

Dr. Catrine Tudor-Locke, Dean  
College of Health & Human Services  
University of North Carolina at Charlotte

Signed by:

*J.P. Barfield*

Dr. J.P. Barfield, Department Chair  
Department of Applied Physiology, Health, and  
Clinical Sciences  
University of North Carolina at Charlotte

### Sandhills Community College

Signed by:

*Dr. Alexander (Sandy) Stewart*

Dr. Sandy Stewart, President  
Sandhills Community College

DocuSigned by:

*Dr. Rebecca Roush*

Dr. Rebecca Roush, Provost and Chief  
Academic Officer  
Sandhills Community College

Signed by:

*Ed Spitler*

Ed Spitler, Dean  
Workforce and Applied Programs  
Sandhills Community College

Signed by:

*Shelby Basinger*

Shelby Basinger, Coordinator HFS  
Sandhills Community College

**APPENDIX A**  
**CURRICULUM EQUIVALENTS**

<b>Course</b>	<b>Credit Hours</b>	<b>UNC Charlotte Equivalent</b>	<b>Credit Hours</b>
<b>1<sup>st</sup> Semester - Fall</b>			
ACA 115 Success & Study Skills	1	Not Transferable	
ENG 111 Writing and Inquiry	3	WRDS 1103 Wrtng & Inqry Acdmc Ctx I & II	3
HFS 110 Exercise Science	4	EXER 2150 Introduction to Exercise Science + EXER 1ELE Exercise Science Elective	4
HFS 111 Fitness & Exercise Testing	4	EXER 2101 Foundations of Phy Cond + EXER 1ELE Exercise Science Elective	4
MED 120 Survey of Medical Terminology	2	EXER 2299 Medical Terminology	2
PED 117 Weight Training I	1	EXER 1202 Weight Training	1
<b>2<sup>nd</sup> Semester - Spring</b>			
BIO 155 Nutrition	3	TRNF 1ELE Transfer Elective	3
ENG 114 Prof Research & Reporting <i>or</i>	3	WRDS 1ELE Writ, Rhet & Dig Stu Elec <i>or</i>	3
COM 120 Intro Interpersonal Com <i>or</i>	3	COMM 2107 Interpersonal Communication <i>or</i>	3
COM 231 Public Speaking	3	COMM 1101 Public Speaking	3
HFS 116 Pvnt & Care Exer Injuries **	3	EXER 2294 Care and Prevention of Athletic Injuries	3
HFS 118 Fitness Facility Mgmt	4	EXER 3100 Organization and Administration of Exercise Science + EXER 1ELE Exercise Science Elective	4
MAT 152	4	STAT 1220/1221/1222 + STAT 1ELE	4
PED 118 Weight Training II	1	Any Activity Course	1
<b>3<sup>rd</sup> Semester - Summer</b>			
HEA 112 First Aid & CPR	2	EXER 2290 Emergency Medical Response	2
PSY 150 General Psychology	3	PSYC 1101 General Psychology	3
Humanities/Fine Arts Elective	3		3

ART 111 - Art Appreciation ART 114 - Art History Survey I ART 115 - Art History Survey II DRA 111 - Theatre Appreciation DRA 211 - Theatre History I DRA 212 - Theatre History II ENG 241- British Literature I ENG 242 - British Literature II ENG 261 - World Literature I ENG 262 - World Literature II HUM 120 - Cultural Studies MUS 110 - Music Appreciation REL 110 - World Religions		ARTA 1502 Global Arts/Humanities ARTH 1211 Art History Survey I ARTH 1212 ArtHistory Survey II THEA 1502 GlobalArts/Humanities THEA 2310 Theatre History I THEA 1502 Global Arts/Humanities ENGL 2101 Masterpieces of British Lit ENGL 2ELE English Elective ENGL 2ELE English Elective ENGL 2ELE English Elective TRNF 1ELE Transfer Elective MUSC 1502 GlobalArts/Humanities RELS 1502 GlobalArts/Humanities	
<b>4<sup>th</sup> Semester - Fall</b>			
BIO 168 Anatomy & Physiology I *	4	EXER 2168 Human Anatomy & Physiology for Health Professions I	3
		EXER 2168L Human Anatomy & Physiology for Health Professions Lab	1
BUS 137 Principles of Mgmt <i>or</i> BUS 139 Entrepreneurship I <i>or</i> BUS 230 Small Business Mgmt	3  3  3	BUSN 1ELE <i>Or</i> BUSN 2ELE	3
HFS 212 Exercise Programming	3	EXER 2ELE Exercise Science Elective	3
HFS 218 Lifestyle Chng & Wellness	4	EXER 2ELE Exercise Science Elective	4
PED 122 Yoga I <i>or</i> PED 217 Pilates I	1  1	EXER 120 Beginning Yoga or  TRNF 2ELE	1
WBL 111 Work-Based Learning I	1	Not Transferable	
WBL 115 Work-Based Learning Seminar I	1	Not Transferable	
<b>5<sup>th</sup> Semester - Spring</b>			
BIO 169 Anatomy & Physiology II *	4	EXER 2169 Human Anatomy & Physiology for Health Prof. II	3
		EXER 2169 Human Anatomy & Physiology for Health Pro Lab II	1

HFS 120 Group Exer Instruction	3	EXER 2202 Group Fitness Instructor Training	3
HFS 210 Personal Training	3	EXER 2303 Personal Trainer Certification Preparation	3
HFS 214 Health & Fitness Law	3	TRNF 2ELE	3
PED 113 Aerobics I	1	TRNF 1ELE	1
WBL 121 Work-Based Learning II	1	Not Transferable	
Max Transferable Credits to UNC Charlotte after Completion of AAS degree at Sandhills CC			<b>64</b>

## **APPENDIX B**

### **PROGRAM OF STUDY OUTLINE**

#### **Special Considerations:**

\*Sandhills Community College AAS Health and Fitness Science graduates who complete BIO 168 and BIO 169 with a C or higher will meet the anatomy and physiology course requirements for the Exercise Science program at UNC Charlotte, and will not need to take BIOL 1110: Principles of Biology unless they wish to pursue a Masters in Athletic Training.

\*\*Sandhills Community College AAS Health and Fitness Science graduates who wish to pursue a Master's degree in Athletic Training will have to take EXER 2294: Care and Prevention of Athletic Injuries at UNC Charlotte.

\*\*\*Sandhills Community College AAS Health and Fitness Science students who complete CHM 151 or CHEM 131/131A with a C or better will meet the Chemistry requirements for the Exercise Science Program at UNC Charlotte.

#### **Recommended process for potential UNC Charlotte students:**

1. Meet with the Exercise Science Coordinator to develop a plan of study.
2. Complete the UNC Charlotte transfer application.
3. Complete and submit the UNCC Transient Study form.
4. Complete the Exercise Science Program Application.
5. Prior to applying to the Exercise Science program, meet the following requirements:
  - a. Cumulative GPA of 2.5 or above
  - b. Completion of 36 hours of coursework
  - c. Completion of at least the following courses with a C or better
    - i. BIO 168
    - ii. BIO 169
    - iii. MAT 152
    - iv. CHM 151 or CHM 131/131A\*\*\*
    - iii. HFS 110
    - iv. HFS 111
6. Students are recommended to take CHM 151 (or CHM 131/131A) and MAT 152 either during the AAS in Health and Fitness course of study or in the summer following completion of the AAS in Health and Fitness Science from Sandhills Community College



## Program of Studies at the University of North Carolina at Charlotte

The following outlines the program of study for two years of study at UNC Charlotte:

Semester	Course Number and Title	Credits	Notes
Fall 1	Additional General Education Math	3	
Fall 1	EXER 3280 Exercise Physiology: Foundation and Theory	3	
Fall 1	EXER 3260 Nutrition for the Physically Active	3	
Fall 1	EXER 2298 Applied Kinesiology	3	
Fall 1	CHEM 1251 - General Chemistry + Lab (or Guided Elective)	3-4	
Spring 1	EXER 3286 Exercise Testing: Foundation and Theory	3	
Spring 1	EXER 3287 Exercise Testing: Principles and Applications	3	
Spring 1	Guided Elective	3	
Spring 1	Guided Elective	3	
Fall 2	EXER 3285 Principles of Strength & Conditioning	3	
Fall 2	EXER 4121 Pharmacology for the Physically Active	3	
Fall 2	EXER 4286 Exercise Prescription	3	
Fall 2	Guided Elective	3	
Fall 2	Guided Elective	3	
Spring 2	EREX 4293 Biomechanics	3	
Spring 2	Guided Elective	3	
Spring 2	Guided Elective	3	
Spring 2	Guided Elective	3	
Spring 2	Guided Elective	1-2	

UNC Charlotte Credits: 56

Transfer Credits: 64

Credits needed for Graduation: 120

**Graduate with a Bachelor of Science in Exercise Science**